## Leger ME/SYCIL plans to develop a service that will provide complementary therapies and well being support for members & carers and community.

To help us with our planning, could you take a few minutes to answer the questions below? Thank you!

1. Have you ever tried complementary/alternative therapies? (e.g. seen an osteopath, been to a yoga class, etc.)	⊖Yes ⊖No	If yes, what have you tried?	
2. Do you think you might be interested in using or referring someone to a complementary service at SYCIL?	⊖Yes	If yes, what have you tried?	
	⊖No		
3. In what ways would you like to see improvements in your wellbeing? (tick all those that apply)			
4. Classes or group sessions Are there particular things you would like to attend a class or group for? (tick all that apply)			
5. Where would you consider having treatments? (please tick all that apply)			
6. When would be a convenient time for you to use the service, for treatment or classes? (tick any that apply)			
Would you would like us to keep in touch about the service:	⊖Yes ⊖No	Anything else you wish to tell us ?	